

The Trinity Times

TRINITY EPISCOPAL CHURCH 430 Juliana Street, Parkersburg, WV, 26101
304-422-3362, www.trinity-church.org

The Mission of Trinity Episcopal Church is to seek and share the love of God made known through Jesus Christ with all people through the guidance of the Holy Spirit.

MAR 2014

THE STAFF

The Very Rev'd
Larry Jackson,
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The Rev'd
Paul L. Hicks,
Pastoral Associate
The Rev'd
Jack Neilson,
Pastoral Associate
Dr. Daniel Monek,
Choirmaster
Allan Zipf, Organist
Susie Fitcher,
Administrator
Cathy Dawson,
Sexton

TREASURER

Paul Miller

THE VESTRY

2014

Ann Bailey
Kim Couch
Rob Parrish

2015

Connie Bookman
Michael Cameron
Michael Rauh

2016

Sarah Bennett
Julie Gyongyosi
Kelli Marteney

TRUSTEES

Forbes Hiehle
Chad Mildren
Larry Tucker

TIMES EDITOR

Barbara Full





Padre's Ponderings

*"I invite you to the observance of a Holy Lent,
by self-examination and repentance;
by prayer, fasting, and self-denial;
and by reading and meditating on God's holy Word."*

When the season of Lent approaches, I am always called back to the Prayer Book and the above invitation as found in the Ash Wednesday Liturgy. To me it calls me to get ready for the time of self-examination of my daily life as well as my spiritual life. In actuality it is a call to all of us to make Lent an enjoyable growth time and not a time of misery.

Thus, I take this time again to encourage you to make Lent a growth time in your physical as well as spiritual lives.

Self-examination and repentance

Open your prayer book to page 266, in the Ash Wednesday liturgy, and pray Psalm 51 as if it is you speaking to God directly. Then read through the Litany of Penitence and absolution. I find that during the Litany, something always comes to the surface that I need to confess to the Lord, I attempt to do this daily but definitely three times a week.

Prayer

Starting on page 814 of the prayer book there is a section of written prayers that can be used to aid in the set aside time of prayer in your daily life. Again, sometimes the Holy Spirit brings to our being a need for a special prayer. Of course, there is the community Intercessory prayer list that you could dedicate yourself during Lent to pray on a daily basis if you are not already doing this.

Fasting

This is a spiritual discipline that many people are confused about. Fasting can include a total fast of no food, generally for a day. A partial fast is not eating a certain food that is very meaningful to you like soda, desserts, potato chips, etc. The thing to remember about a fast is that you need to drink water or juices (refrain from coffee) to keep the body hydrated. ALSO, REMEMBER THAT DURING THE FAST, ONE IS TO PRAY ESPECIALLY WHEN THE DESIRE FOR THE ELIMINATED FOOD IS CRAVED.

Self-Denial

This area of spiritual discipline is when one prohibits themselves of an area of life that is meaningful. Example: One year I gave up watching TV except for the news. This self-denial caused me to turn to reading the Bible and other materials instead of being a couch potato.

Reading and Meditating on God's Word

This is self explanatory. It means reading scripture and taking time to ponder it and seek the Holy Spirit's guidance on what you read. Some people read the Forward Day By Day while others following the lectionary as printed in the prayer book. Some take a particular book of the Bible to read and meditate on during Lent.

An area that is not mentioned here is the idea of "taking on some activity or ministry" during the season of Lent. You may volunteer at the church to assist with the feeding program on Mondays, or in the office or in your neighborhood. Giving up something is good but taking on something is even better!



During Lent, the **Adult Education class** that meets on Sundays at 9:15am will be reading and studying a book entitled He Set His Face to Jerusalem. If you plan to join the class during Lent, please let me know so I can be sure you have a copy of the book.

Wednesday Evening, Lenten Study Activity

will be a DVD series on Exploring World Religions. As Christians we need to be aware of those around us that worship God through a different religious way. On Wednesday evenings, a program will be offered for our children and our Youth while the DVD series is being watched by the adults.

May your Lent be a holy one as well as spiritual!

Until I "ponder" this way again, In Christ's Spirit,

Fr. Larry+

Bishop's Visitation February 2



Lenten Opportunities at Trinity

Shrove Tuesday



March 4, 2014, 5:00—7:00 pm
Pancake Supper
Trinity Hall

Ash Wednesday



March 5, 2014
Holy Communion
& Imposition of Ashes
7:30 am—Adams Chapel
12:00 noon—Nave of Church
7:00 pm—Nave of Church w/Choir

Wednesdays during Lent

LENTEN STUDY GROUP



6:00pm—Covered Dish Meal

7:00 pm

Adult Program
“Exploring World
Religions”

Youth Activity
Led by Paul Bennett
“Prayer &
Meditation”

Children’s
Activities
Led by
Connie Bookman

Fridays during Lent



Spiritual Discipline of
Stations of the Cross
5:30 pm
Nave of Church

MARCH 2014

TRINITY EPISCOPAL CHURCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8:00pm-AA
2 LAST EPIPHANY 8:00 am—Eucharist 9:15-Adult Ed., Choir Reh. 10:15-Sunday School 10:30-Eucharist 11:45-Knitters, Youth Choir	3 11:00am - Feeding Program	4 7:30am-Men of Trin. Breakfast 11:00am-Food Closet 5:00-7:00pm-Shrove Tuesday Pancake Supper 6:00pm-Blenn. Stamp Soc.	5 ASH WEDNESDAY 7:30-Eucharist, Ashes (Adams Ch) 11:00am-Food Closet 12:00-Eucharist, Ashes (Nave) 7:00pm-HC, Ashes w/Choir	6 10:00am-Bible Study 11:00am-Food Closet	7 5:30pm-Stations of the Cross (Nave)	8 9:00am-12:00-Lenten Quiet Day (Nave) 8:00pm-AA
9 LENT 1 8:00 am—Eucharist 9:15-Adult Ed., Choir Reh. 10:15-Sunday School 10:30-Eucharist 11:45-Acolyte meeting <i>Daylight Saving Time Begins</i>	10 11:00am - Feeding Program	11 7:30am-Men of Trin. Breakfast 11:00am-Food Closet	12 7:30/12:10p-Eucharist 11:00am-Food Closet 6:00pm-Dinner 7:00pm-Lenten Study	13 10:00am-Bible Study 11:00am-Food Closet	14 5:30pm-Stations of the Cross (Nave)	15 ←— <i>Prov. Youth Event</i> — 1:00pm-Relay for Life "31 Party" (Tr. Hall) 8:00pm-AA
16 LENT 2 8:00 am—Eucharist 9:15-Adult Ed., Choir Reh. 10:15-Sunday School 10:30-Eucharist 11:45-Youth Choir, DOK study group <i>Discretionary Sunday</i>	17 11:00am - Feeding Program 6:00pm-Finance 7:00pm-Vestry	18 7:30am-Men of Trin. Breakfast 11:00am-Food Closet	19 7:30/12:10p-Eucharist 11:00am-Food Closet 6:00pm-Dinner 7:00pm-Lenten Study	20 10:00am-Bible Study 11:00am-Food Closet 6:00pm-Blenn. Stamp Soc. <i>"Times" deadline</i>	21 5:30pm-Stations of the Cross (Nave)	22 ← <i>Dioc. Middle Sch. Retreat</i> 8:00pm-AA
23 LENT 3 8:00 am—Eucharist 9:15-Adult Ed., Choir Reh. 10:15-Sunday School 10:30-Eucharist 11:45-Youth Choir	24 11:00am - Feeding Program	25 7:30am-Men of Trin. Breakfast 11:00am-Food Closet	26 7:30/12:10p-Eucharist 11:00am-Food Closet 6:00pm-Dinner 7:00pm-Lenten Study 7:30-Choir rehearsal	27 10:00am-Bible Study 11:00am-Food Closet	28 5:30pm-Stations of the Cross (Nave)	29 8:00pm-AA
30 LENT 4 8:00 am—Eucharist 9:15-Adult Ed., Choir Reh. 10:15-Sunday School 10:30-Eucharist 11:45-Youth Choir <i>Birthday Sunday</i>	31 11:00am - Feeding Program					

BIRTHDAYS

4. Whitney Justice
5. Connie Bookman
6. Paula Oliphant

11. Kerry Hensley
12. Jim Dauphin
Mary Jane Zivkovich

15. Randy Francis
Terry Handlan
16. Megan Gyongyosi
Joe Handlan

Kim Sees
19. Sarah Patrick
20. Frank Northrup
21. Midge Simpers

Gage Staats
23. Jesse Taylor
24. Erica Parrish
26. Kim Couch

31. Denny Prather
Dan Thomas

ANNIVERSARIES

12. Paula & Kevin Oliphant
18. Julie & Tom Gyongyosi

20. Stephanie & Charles Yates

Trinitarians, you're probably aware that our Episcopal service is steeped in history in the form of the Book of Common Prayer, but as we prepare for Lent and change our service music to Rite 1, we thought it would be a good time for a little brush up to remind us all of our wonderful music "roots".

By Allan Zipf



When the first Book of Common Prayer was published, in 1549, a need was felt for service music similar to that which had been used for the old Latin rites of the Roman church. However, the species of music called Plain Song, which had been used in the Catholic Church, had given way to an intricate style of harmonized music in which the people could neither take part nor understand the Latin texts.

So, Archbishop Cranmer engaged John Merbecke to provide a collection of service music "containing so much of the

Order of Common Prayer as is to be sung in Churches," music that the people could understand and use. Cranmer desired a simpler form of service music than was then current, urging Merbecke to have "for every syllable a note" instead of more complex plainsong (Gregorian chant) settings which may have one syllable spread over several notes.

Gloria in excelsis.

Loz be to god on highe. And in
earth peace; good will towarde men, we
prays the, we bleſſe the, we woꝛſhipp the,
G. I. we

The image shows a snippet of musical notation for the Gloria in excelsis. It features a square neume on a four-line staff. The text is written in a Gothic script. The notation is simple, with one note per syllable.

The Book of Common Prayer Noted (meaning "with musical notes") was published in 1550, and was only used for two years until the Second Book of Edward VI (Henry VIII's son) in 1552. This, and the reign of the Catholic Mary Tudor which quickly followed, with a return to the Roman church, meant the end of its practical life. And, when Queen Elizabeth took the throne in 1558, bringing

back the English liturgy, Protestant sympathies were prominent enough that service music itself fell into disfavor. Thus, Merbecke's book had no successor, and was essentially forgotten until the Oxford Movement rediscovered it in the mid-1800s.

Agnus dei,

Lambe of god that takeſt away
the ſynnes of the woꝛld, Haue mercy vpon vs.
D.ii. Lambe

The image shows a snippet of musical notation for the Agnus dei. It features a square neume on a four-line staff. The text is written in a Gothic script. The notation is simple, with one note per syllable.

Today, many of Merbecke's settings are instantly familiar to those who have grown up in the Anglican Communion, and still appear in current hymnals, including the Episcopal Church's 1982 and 1940 Hymnals. It's important to note that this

setting of the communion service connects us to the beginnings of the Anglican church and that first service written in English.

EYF News

By Paul Bennett

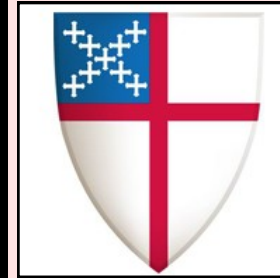
Wednesday Lent Activity

It is hard to believe but Lent is right around the corner. A lot of things come to mind when we hear the word Lent. For most of us the idea or notion that we need to give up something comes to mind. The idea of giving something up for Lent stems from the idea that when we give something up, we in turn spend the "extra" time focused on God. During the Wednesday night Lent activities the youth group will be working on taking up the practices of prayer and meditation. We will take time to discuss the importance of prayer in our daily life along with taking time to be still and silent. Instead of focusing our energy on giving something up, only to return to our old habits come Easter Sunday, we will be focusing on developing a better relationship with God in a lasting way.

2014 Diocesan Ski Trip:

by Whitney Justice

On February 14, 24 youth and adults from 11 different parishes across West Virginia gathered for a fun weekend at Winterplace Ski Resort in Beckley, West Virginia. Some chose to ski/snowboard, some chose to snow tube, and some chose to simply stay in the lodge and enjoy the company of fellow Episcopalians. In the evening, after a day full of fun in the snow, the youth split into small groups and shared opinions on some selected bible verses. Sunday morning, everyone traveled to St. Stephens in Beckley for Eucharist and then it was time to depart back to our home towns. A fun, but very cold time was had by all and it was a weekend to remember.



Trinity to Host Diocesan Convention in October

As announced at the Annual Meeting in January, the Vestry agreed to be the Host Church for the 2014 Diocesan Convention that will be held in Charleston at the Marriott, October 24-26. The purpose of this communication is to fill all in on what will be expected of us as Hosts.

There will need to be a Convention Host Committee Chair who will oversee the entire hosting of the Convention. This individual will be assisted by four Sub-Committee Chairs who will be charged with particular needs of the Convention. Of course, everyone at Trinity will be asked to assist by supplying food for the Hospitality Room.

The Sub-Committees are Registration, Chapel/Worship, Banquet Decorations and Hospitality. The Registration Sub-Committee will be responsible for being present in Charleston to register Delegates and Alternates starting early Friday until 6pm and Saturday, 8am-1pm while Registration occurs.

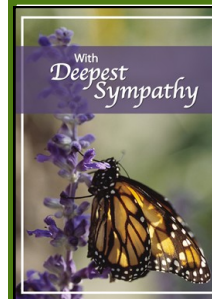
The Chapel/Worship Sub-Committee will be responsible for setting up the Chapel for Convention use as well as assuring that all the necessary elements are present for the Convention Eucharists as well as tear down on Sunday after Convention ends.

The Banquet Decorations Sub-Committee will be responsible for planning and providing table centerpieces and any extra favors for the Saturday evening banquet.

The Hospitality Room Sub-Committee will plan what will be offered as snacks and goodies to the members of Convention. This Committee will have the most work to accomplish as it will recruit people to purchase, bake or provide refreshments during the business sessions. There will need to be people present to keep the tables and drinks replenished.

These Committees will start full force to recruit members and plan for the weekend after Easter. If you desire to serve on any of these Committees, please notify Fr. Jackson or sign up on the sheet on the bulletin board in Trinity Hall.

Women in the Diocese are asked to hold the dates of **May 16-18, 2014** for the annual Women's Conference sponsored by Women's Ministries. The conference will be held at Peterkin Camp and Conference Center in Romney, with The Rev. Jane Tomaine, nationally known retreat leader, author and Episcopal priest, leading participants in a program called *Say 'YES' to Life: Opening to God's Power Within*. Registration information will be available soon.



The Parish Family of Trinity Church extends its deepest sympathy and prayers to:

~ **Larry & Katharine Nutter and Andrew Nutter** in the recent death of

Katharine's brother, Clarence Corbin who died February 3rd.

Rest eternal grant to Clarence O Lord; And let light perpetual shine upon him. May his soul and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Trinity by the Numbers

Jan.

Sunday worship attendance:
8:00~10:30

Jan. 5: 16~85 (total 101)

Jan. 12: 12~88 (total 100)

Jan. 19: 16~80 (total 96)

Jan. 26: 11~81 (total 92)

Average Jan. 2014—97

Average Jan. 2013- 98

Rector 's Discretionary Fund

Assistance with: Pharmacy—2,

Chores around the church—3, Ministry donation—1, Misc.—1

Monday lunch:

70, 130, 90, 85 (total 375)

Food closet

11 families, for a total of 21 people

Crisis Intervention

Assistance with : 7 electric bills, 4 gas bills, 3 water bills (all \$30 ea.)

Parish Registry

Official letter of transfer to Trinity has been received for:

Patricia & Carl Westbrook

Sacrament of Confirmation was administered by Bishop Klusmeyer on February 2nd to:

Jamie Couch

Tiffany Orm Dæm

Katie Sheridan Perrine

Dan Thomas

Marjorie Thomas

Reaffirmation of Baptismal Vows was received by

Dianna Quick



RELAY FOR LIFE
"31 PARTY"
March 15th at 1:00pm
in Trinity Hall

Bring a friend (non-Trinitarian) to be entered for a door prize. If you can't make the date, see Susie or Jennifer after church between now and then.



Trinity Outreach Programs

Monthly Outreach Envelopes

Like the past year, the Vestry accepted the proposal list of monthly Outreach Envelopes that will be included in the Times and bulletins. The list that was accepted has a three-pronged reach including World, Diocese and Local. Some months will affect two of the three prongs.

March's Outreach opportunity will be the use of the blue blessing boxes during the season of Lent for the

United Thank Offering

You are asked to take a box home and add your change into the box as God blesses you each day. The boxes will be gathered on Easter Sunday and the Sunday after.

We will be having the Offering Envelopes in The Times for those who may desire to make an offering that way or if you notify the church we can send you a folded box for home use.

January's Outreach netted \$500 for the Rebuilding of the Cathedral in Haiti.
Thank you and God bless you!

Feb. 10, 2014



To My Friends at Trinity,
Enclosed is a donation for my appreciation of continued mailings of the Trinity Times. The Christmas issue was glorious!
Sincerely, Nancy Handlan

Acolyte Meeting

There will be an Acolyte Meeting after church on March 9th for all current and prospective acolytes. Anyone who is a mature 3rd grader or older is welcome. If you are not interested in continuing as an acolyte please get in touch with Scott Ramsay (304-615-4160) to let me know. I want to discuss scheduling, roles, and expectations. Thank you for your service!



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Return Service Requested
Dated Material Please Deliver Promptly



DAYLIGHT SAVING TIME BEGINS SUNDAY MARCH 9

Don't forget to
'spring forward'

KEYS



The locks on the outside doors
have been changed. Please call
the office to request a new key.