

The Trinity Times

TRINITY EPISCOPAL CHURCH, 430 Juliana Street, Parkersburg, WV, 26101
304-422-3362, www.trinity-church.org

The Mission of Trinity Episcopal Church is to seek and share the love of God made known through Jesus Christ with all people through the guidance of the Holy Spirit.

FEB 2016

THE STAFF

The Rev.

Paul L. Hicks,
Priest in Charge

Dr. Daniel Monek,
Choirmaster
Allan Zipf, Organist

Susie Fitcher,
Administrator
Cathy Dawson,
Sexton

THE VESTRY

2016

Tiffany Deem
Barbara Full
Julie Gyongyosi

2017

Lynn Fury-Prather
Dianna Quick
Dan Thomas

2018

Becky Mathis-Stump
Katie Perrine
Dennis Ramsay

TRUSTEES

Forbes Hiehle
Denny Prather
Larry Tucker

TREASURER

Paul Miller

TIMES EDITOR

Barbara Full



A Word From Your Priest

I want to let you know about something different we have planned for the Lenten dinners. As you may have picked up by now, one of my priorities here at Trinity is families. From Christian education, to church services, to fellowship opportunities, I want there to be an emphasis on family. When I say family, I mean not only traditional parents and kids families, but our broader church family as well. One way I want to try to do this is to have a mid-week meal. I also envision something other than covered dish. Not that there is anything wrong with covered dish meals, and we will have them, too, to continue to enjoy the fine cooks here at Trinity. But I want to try to offer a prepared meal. We will charge a nominal fee (such as \$5 per person) to cover the cost and maybe build a little fund to help support it, too. The reason I want to offer a prepared meal is to make it easier for families with working parents, and others, to attend the meal without having to balance bringing a covered dish.

So for Lent, we are going to try a test run. According to the schedule below we will be offering a family meal followed by a family evening prayer service in the Church. If this goes well we may try to expand it beyond Lent.



Proposed Lenten Dinner schedule



The format will be dinner at 6:00. Simple meals will be provided along with a drink for the cost of \$5.00 per person. It would be helpful to sign up in Trinity Hall the Sunday before or call Susie if you plan on attending so we can plan for the food. But we will always try to have a little extra. Then an Evening Prayer service will be held immediately following dinner, approximately 6:45.

February 9: Pancake Supper sponsored by the Men's Group

February 17: Hot Dog & Chili Supper sponsored by the Men's Group
(John Brownfield)

February 24: Lasagna Dinner Covered dish. Please sign up to bring either Lasagna, Salad & dressing, or Bread

March 2: meatloaf, mashed potatoes sponsored by the Men's Group
(Jim Batten)

March 9: TBA sponsored by the Daughters of the King

March 16: TBA sponsored by the Daughters of the King

Also, watch for events such as a family movie night coming soon. We just need to come up with a big screen TV, moveable stand and DVD player (in case anyone feels led to make a donation). We already have the popcorn machine!

Please come and join the Trinity Family and bring your family and friends.

Father Paul

As the painting/plastering project continued in the nave, services were held in Trinity Hall on January 17, 24 and 31.



Followed by a snow-themed coffee hour Jan. 17, thanks to Lori Ullmann-Wright.



Trinity by the Numbers

Dec.

Sunday worship attendance:
8:00~10:30

Dec. 6: 20~79 (total 99)

Dec. 13: 17~94 (total 111)

Dec. 20: 15~74 (total 89)

Dec. 27: 14~46 (total 60)

Average Dec. 2015—90

Average Dec. 2014- 105

Christmas Eve-

5:00pm-80 (last yr-90)

10:30pm-125 (last yr-140)

Food closet

9 adults, 2 children

Rector 's Discretionary

Prescription—1; bus ticket to

Marietta—1; cleaning of sidewalks

around church; help for Cathy-

mopping under pews

Crisis Intervention

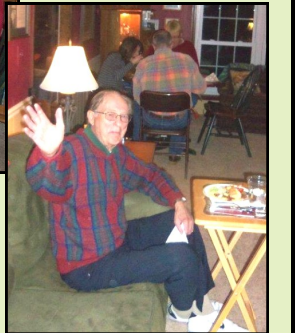
Assistance with : 7 electric bills, 3

water bills, 3 gas bills (all \$30

ea.)



**January Supper Club
at the home of Tom
and Julie Gyongyosi**



FEBRUARY 2016

TRINITY EPISCOPAL CHURCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 11:00am - Feeding Program	2 8:00am-Men of Trin. Breakfast 6:00pm-Blenn. Stamp Soc.	3 11:00am-Food Closet	4 10:00am-Bible Study 11:00am-Food Closet, Knitters	5	6 9:00am-1st Saturday breakfast @ Redwood, Belpre 8:00pm-AA
7 Last Epiphany 8:00 am—Eucharist 9:15-Choir Reh., Adult Ed.	8 11:00am - Feeding Program	9 8:00am-Men of Trin. Breakfast 5:00-7:00pm-Shrove Tuesday Pancake Supper	10 ASH WEDNESDAY 7:30-Eucharist, Ashes (Nave) 11:00am-Food Closet 12:00-Eucharist, Ashes (Nave) 7:00pm-HC, Ashes w/Choir	11 10:00am-Bible Study 11:00am-Food Closet	12 5:15pm-Stations of the Cross (Nave)	13 8:00pm-AA
14 Lent 1 8:00 am—Eucharist 9:15-Choir Reh., Adult Ed. UTO Boxes distributed	15 11:00am - Feeding Program Office closed— Presidents' Day	16 8:00am-Men of Trin. Breakfast 1:30pm-St. Anne's @ home of Terry Cauthorn	17 11:00am-Food Closet 12:15pm-Eucharist, Rt. I, Adams Chapel 6:00pm-Lenten Dinner, Evening Prayer	18 10:00am-Bible Study 11:00am-Food Closet 6:00pm-Blenn. Stamp Soc.	19 5:15pm-Stations of the Cross (Nave)	20 "Times" deadline 8:00pm-AA
21 Lent 2 8:00 am—Eucharist 9:15-Choir Reh., Adult Ed. Discretionary Sunday	22 11:00am - Feeding Program 6:00pm-Finance 6:30pm-Vestry	23 8:00am-Men of Trin. Breakfast	24 11:00am-Food Closet 12:15pm-Eucharist, Rt. I, Adams Chapel 6:00pm-Lasagna Dinner, Evening Prayer	25 10:00am-Bible Study 11:00am-Food Closet	26 5:15pm-Stations of the Cross (Nave)	27 8:00pm-AA
28 Lent 3 8:00 am—Eucharist 9:15-Choir Reh., Adult Ed.	29 11:00am - Feeding Program					

BIRTHDAYS

3. John Brownfield
5. Betty Rathbone

Andrew Patrick
8. Cathy Dawson
Robin Hinkley

Dorsey Northrup
9. Joy Brownfield
10. Susan Stanley

11. Lori Ullmann-Wright
15. Regan Anne Rauh

Fr. Art Bennett
Ron Caldwell
16. Claudia Smith

18. Carol Payne
19. Pat Beamish
Marielle Bullock

20. Jennifer Currey
Marion Culbertson
21. Joseph Quick

22. LaVerne Marshall
25. Cynthia Bullock
27. Jason Perrine

ANNIVERSARIES
9. Olivia & Andrew
Parsons

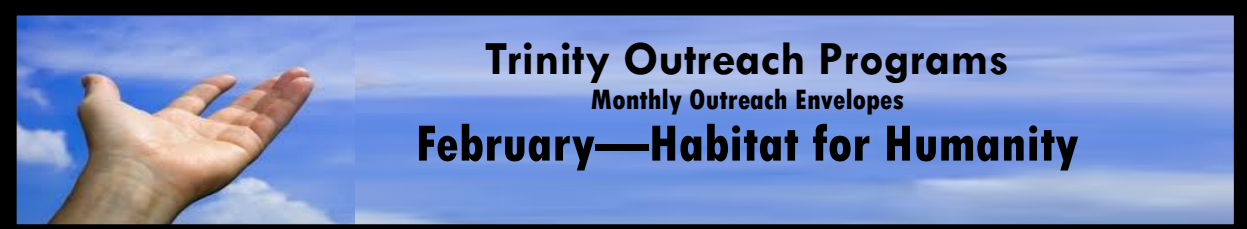
23. Mary Jane &
George Zivkovich

ECW Winter Luncheon



The ECW Winter Luncheon was held at Parkersburg Country Club on Saturday, January 16 with 28 attending. An inspiring program of how faith and courage led two women to build a school in West Africa was presented. The wonderful story was told

by Donna Gaston and Sue Denes, the President and Secretary of Building a Better Burkina, Inc. It was a great time of fellowship for those present. Remember that all ladies of Trinity are members of Episcopal Church Women and you are always encouraged to be a part of our activities. The proposed budget for 2016 was approved as presented which included the outreach suggested by the 2015 Book Sale Committee. The next ECW activity will be the traditional Spring/Summer picnic. Paula Sellers, secretary



Trinity Outreach Programs Monthly Outreach Envelopes February—Habitat for Humanity

Lent at Trinity

February 9, 5:00-7:00 Shrove Tuesday Pancake Supper
February 10—Ash Wednesday services, 7:30am, 12:00pm, 7:00 pm

Wednesdays during Lent:

Holy Eucharist, Rite 1, Adams Chapel, 12:15pm
Family Dinners, Evening Prayer, 6:00pm

Fridays during Lent:

Spiritual Discipline of Stations of the Cross, 5:15 pm, Nave

MONDAY FEEDING PROGRAM



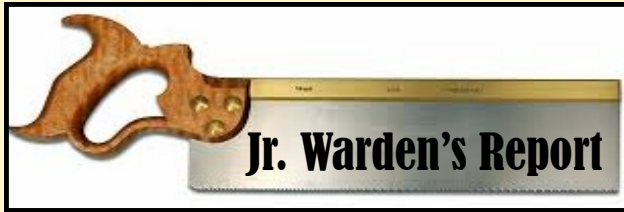
In the month of December we served 400 meals with an average of eight people helping and serving each week. We try to keep the cost of lunch and supplies down to \$1.50 to \$2.00 for each meal and so far we have managed that. We appreciate everyone who volunteers and we welcome Steve to our group—it's lovely to have him with us! Connie Warren, chair

NICK GYONGYOSI is at Army boot camp in Fort Benning, GA until March 17th. Here's his address if you'd like to send him a note of encouragement.

SPC Gyongyosi, Roster #233
F CO 2nd Battalion 47th Infantry Regiment
9375 Conway Drive Bldg. #3425
Fort Benning, GA 31905-4776
(Place Roster # 233 on back of envelope, too.)
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**LAVERNE MARSHALL** is ill and would appreciate cards:

The Georgia Club  
1090 Greenleaffe Circle  
Spathan, GA 30666  
Phone: 678-726-7747



After a delay due to the holidays, the plaster repair and painting are again in full swing. Our contractor, Darren, had a health scare recently and was hospitalized for a short time. Fortunately, he is fine and is only having to deal with a minor respiratory infection and another issue. We are grateful that he is on the mend. The thirty feet of scaffolding is back in place and as of Tuesday, January 19, the finish plaster is now being applied over the brown plaster base coat. Both of these coats take some time to cure, but it appears that we will be able to move back into the nave a week from this coming Sunday. As many of you saw for yourself, the repair of the walls in the altar area of the nave was long overdue. A significant amount of loose plaster was removed and replaced. Considering how old this building is, it appears to be aging gracefully. As soon as the altar area is finished, we will need parishioners to assist with the dust clean-up. A lot of the area is covered with plastic sheeting, but as we all know, dust travels a long distance and will work its way toward the back of the nave over portions which are not covered. The final push will deal with the repair and painting of the side walls, but will not prevent us from worshipping in the nave. Thanks to everyone for your patience and understanding.

The painting in the office and conference room areas is in full swing. Many thanks to the following folks who have helped with this project so far: Margie Thomas, Bob Harris, Father Paul and wife, Beverly, Steve Reger, Jack Dowling and three men from Rob Parrish's construction crew. Also, many thanks to Larry Tucker who replaced the damaged ceiling tiles in the office hallway. I am truly grateful for all the help with this project. We will continue to work on Tuesday mornings beginning about 10 AM every week until we have completed this project. Believe it or not, the end of this project is near.

Finally, sincerest thanks to the ECW who have graciously provided the funds to replace the kitchen floor and to Rob Parrish for his generosity in providing the tiles at cost. Rob will also be providing a crew to help move the cabinets in the kitchen to allow installation of the new floor. On behalf of all the folks who use the kitchen, especially for the Monday meal, thanks again.

Dan Thomas

## Parish Nurse Health Ministry

Marion Culbertson



# 10 micro RESOLUTIONS

Instead of I'M GOING TO EAT HEALTHY, **THINK** *I'll eat a salad with dinner*

Instead of I'LL GET MORE SLEEP, **THINK** *I'll bump up my bedtime*

Instead of I'LL EXERCISE FOR AN HOUR EACH DAY, **THINK**  
*I'll move 10 minutes 3 times a day*

Instead of I'LL SPEND MORE TIME WITH FRIENDS & FAMILY, **THINK**  
*I'll put my phone away at every meal*

Instead of I'M GOING TO LOSE 10 POUNDS, **THINK** *I'll weigh myself daily*

Instead of I'M CUTTING OUT SUGAR, **THINK** *I'll have one sweet treat a day*

Instead of I'M BREAKING MY SOCIAL MEDIA ADDICTION, **THINK**  
*Once a day I'll skip the urge to log on*

Instead of I WON'T LET STRESS RULE ME, **THINK**  
*I'll meditate for 5 minutes and pray 5 minutes every morning*

Instead of I WON'T SIT SO MUCH, **THINK** *I'll set a get-up reminder*

Instead of I'LL BE MORE POSITIVE, **THINK** *I'll count my complaints*

TRINITY EPISCOPAL CHURCH  
430 JULIANA STREET  
PARKERSBURG, WV 26101



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The Parkersburg  
**News and Sentinel**  
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Our Olivia  
made the  
front page!

Photos by Jeff Baughen  
Olivia Ramsay of Parkersburg walks her dogs "Lady," front, a Rat Terrier, and "Bear," a St. Bernard, along Washington Avenue Friday afternoon. Additional photos from Friday's snowfall are on Page 4B.

# Snowstorm hits region